UCLPartners/CEG Risk Stratification Tool January 2021 – Cholesterol

This search identifies all patients who need support in lowering their cholesterol. Patients are stratified into primary and secondary prevention groups based on their cardiovascular status.

The secondary prevention group is further stratified into priority groups depending on whether they are on the appropriate statin therapy. Patients not on any statin therapy are in the highest priority group.

The primary prevention groups are also stratified into priority groups based on their QRisk Score and their current statin therapy. Patients not on any statin therapy are in the highest priority group.

This grouping will allow practices to prioritise patients for follow up and to safely phase review appointments over time. An initial contact with patients can be made by a Health Care Assistant, Social Prescriber or other team member with appropriate training in order to update the relevant clinical information and support education, self-management and lifestyle change aided by digital and other resources.

This will help save the clinician time and allow them to be more focused on the clinical interventions, while increasing the quality and quantity of personalised care for the patients.

Note search results may differ from QOF searches because it includes only those patients registered on the day of the search.

Secondary Prevention Groups:

Priority One Not on statin therapy	Priority Two (A) On suboptimal intensity statin	Priority Two (B) On suboptimal statin dose	Priority Three – routine follow up Sub-optimal non-HDL (>2.5mmol/l) levels despite maximal statin therapy

Primary Prevention Groups:

Priority One One of: • QRisk ≥20 • CKD • Type 1 Diabetes AND • Not on statin	Priority Two • QRisk 15-19 AND • Not on statin	Priority Three • QRisk 10-14 AND • Not on statin	Priority Four • On statin for primary prevention but not high intensity